

# Well done, Jane Sample - here is how to understand your report.

Completed on Jun 11, 2021



## Scores

- Your report compares your responses against those of other respondents. It provides a score that represents your potential to show a competency. A competency is the values, attitudes and behaviours that support performance and wellbeing.
- For each competency, higher scores mean your current behaviours are more likely to be effective.
- The competencies in this report are: Caring and compassion, Coping with demands, Person-centred communication, Working well with others, Professional practice, Self-management and Engagement with learning



## Statements

Within a competency, you might have some strengths and areas for improvement. So, as well as a score, you will see feedback in three possible categories.

### Positive Points:

- **[EXAMPLE] Are tolerant of others' views and unlikely to show impatience with others.**

### Neutral points:

- **[EXAMPLE] Can occasionally show impatience with others.**

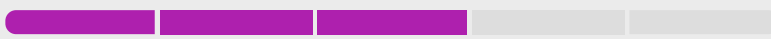
### Points to improve:

- **[EXAMPLE] Tend to show your impatience, particularly if others disagree with you.**

# CPSQ Report

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## Caring and compassion



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## Neutral Points

- Tends to be willing to help others.
- Generally picks up on the needs of others but occasionally misses opportunities to help.
- Usually realises how others are feeling and can act with consideration.
- Is normally patient and calm, but may occasionally show impatience with difficult people.

# CPSQ Report

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## Coping with demands



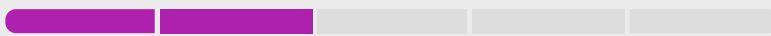
## Neutral Points

- Normally feels relaxed about things and tends not to worry excessively.
- Can usually cope with pressure without becoming too stressed.
- Generally has a positive attitude towards coping with problems and change.
- Recovers or bounces back from setbacks as well as most people.

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## Person-centred communication



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## Neutral Points

- Is likely to engage with others in a fairly warm and compassionate manner.

## Points to improve

- Finds meeting and getting to know strangers challenging.
- Can be reluctant or shy in communicating with others.

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## Working well with others



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## Neutral Points

- Can occasionally show frustration with others.

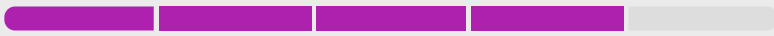
## Points to improve

- Prefers independent working to collaborating with others.
- May find it difficult to compromise with the group.
- Does not give way just to avoid conflict.

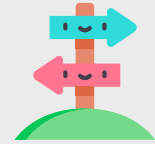
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## Professional practice



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### Positive Points

- Has a cautious attitude to risk and typically thinks about the consequences of an action before doing it.

### Neutral Points

- Generally works within set procedures and guidelines.
- Would be as likely as most to admit mistakes and take personal responsibility for actions.

# CPSQ Report

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## Self-management



## Neutral Points

- **Prefers to work to a high standard but is willing to compromise when necessary.**
- **Works better when set challenging targets.**
- **Tends to start work straight away, but may delay if a task is routine or boring.**
- **Generally focuses on work and finishes things once started.**
- **Normally tries to work in a structured and organised manner.**

# CPSQ Report

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## Engagement with learning



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## Positive Points

- Typically questions and analyses information.
- Likes to research and understand the theory behind practice.
- Usually considers different perspectives and possible alternatives when problem-solving.
- Enjoys generating ideas and coming up with creative solutions.